

Big Points Neurotango®

1. Holistic: physio, psycho, neuro, social/coaching effects, and Neurotango® Practitioner target groups.
2. Reduced to simple exercises, which does not require previous dance or musical skills.
3. Form of therapy for couples, groups, or single participants.
4. Didactics: Learning process is faster in combination with an emotion. (On a physical basis: better gait, on psychological basis: better contact/better relationship, neurological basis: e.g., to find new ideas, better decision making and more options due to the use of both brain parts).
5. Motivation: high fun factor to train with the partner, direct learning effect after the class (very important for neurological/chronical diseases).
6. Motivation: High fun factor and possibility to practice with a partner cause a direct learning success with the first exercise. Music and dance partner produce an emotional connection to the learned matter. Especially patients with degenerative diseases need more psychological motivation to compensate the daily loss of abilities and to keep on training every week.
7. Testimonials tell about a direct improvement after the class: approximately 3 points on a scale from 1 to 10 on a physical and psychological level.
8. There are no physical or psychological obstacles for the implementation of Neurotango®. It is possible to exercise Neurotango® in a sitting or standing position and of course while moving. Additional neuro (#NT-PsychoTools) psycho tools and neuro tools (#NT-NeuroTools) are supporting psychological and neurological handicaps because of their enhanced requirements.
9. The wellness factor: a direct meditative state created by the body movement in combination with coordinating steps, leading/following, room orientation and music which harmonizes all inner frequencies. (Breathing, heartbeat, blood pressure, brain waves).
10. The basics of all practical tools (#NeurotangoTools, #NT-PsychoTools, #NT-NeuroTools) including theoretical knowledge to become a Neurotango® Practitioner can be learned in approx. 30 hours.
11. Fast return of investment. Seminar fee: (1300,00 Euro) can be refunded after giving one course (10 classes with e.g. 18 participants x 100,00 Euro = 1800,00 Euro).